



MORE THAN JUST
BATHROOMS:
TRANSGENDER IDENTITIES
AND CURRENT ISSUES

DISCLAIMERS AND WARNINGS

- I can only speak for myself and experiences, the stories I have heard from other trans people, and some modern gender theory
- Trigger warnings: r*pe, transphobic slurs, suicide, self-harm

LGBTQIA-SOME TERMS

- Sexual orientations:
 - Gay
 - Lesbian
 - Straight
 - Bisexual
 - Pansexual
 - Queer
 - Androsexual
 - Estrosexual
 - Asexual, grey ace, demisexual, and others
- Gender Identities
 - Woman
 - Man
 - Intersex- (not gender ID)
 - Nonbinary (umbrella term)
 - Bi-gender
 - Demi
 - Gender Fluid
 - Agender
 - Trans people can be any of these




Transgender 101!!!!!!

GENDER 101 CRASH COURSE


- Gender, biological sex, all constructs on a spectrum. And how we treat biological sex
- AFAB, AMAB (Assigned Female At Birth, Assigned Male At Birth)
- Transgender-umbrella term! (Genderqueer, trans woman, trans man, non binary, trans masc, trans femme, agender, gender fluid, etc)
- Cisgender- your gender matches the one you were assigned at birth
- Dr. Rebecca Oppenheimer, astrophysicist trans woman, likens planetary categorization to gender

Gender 101


Gender Binary:
The categorization of gender into two distinct, opposite sexes.




Trans/Transgender:
An umbrella term applied to those whose gender identity is not the same as the sex they were assigned at birth.




Cisgender:
Someone who identifies exclusively as their sex assigned at birth.





Genderqueer:
A term applied to individuals who do not identify within the gender binary.




Transition:
The process of changing one's gender expression to match their gender identity.



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For more information,
go to transstudent.org/graphics

TSER
Trans Student Educational Resources

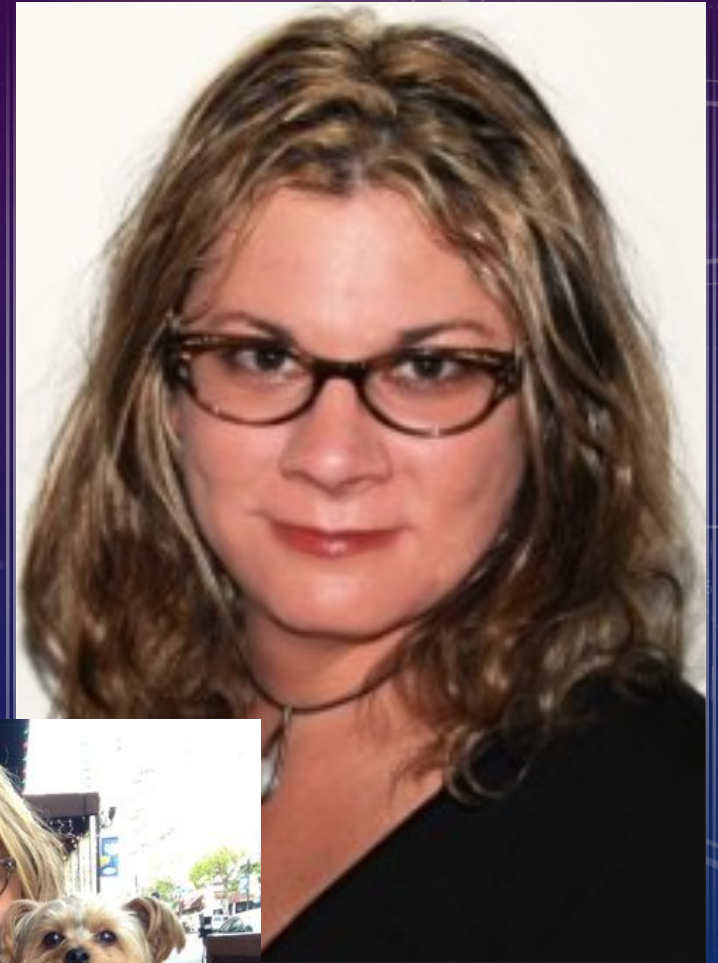
Design by Landyn Pan

DR. REBECCA OPPENHEIME R

Rebecca is an astrophysicist and curator at the American Museum of Natural History

Rebecca is a trans woman

When asked about gender, Rebecca compared learning more about planetary categories (like how Pluto used to be a planet) to how we are learning more and more about gender. The more we learn, the less clear specific categories seem.



MORE BASICS

- Pronouns-ask and respect
- Real names vs "dead names"
- Think before calling someone "sir" or "ma'am"- do you know their gender/pronouns?
- Don't ask about a person's genitals. "Did you have 'the surgery?'"
- NEVER out someone without their permission!!!!
- NEVER tell a trans person that they are wrong or "just confused" about their gender!
- Generally defer to the population in question "Nothing about us without us"
- Don't use slurs (Tranny, she-male, etc)

Gender Grammar

Problem	Correction	Reason
"transgendered" (adjective)	transgender	Only adjectives that are derived from nouns and/or verbs (unlike transgender) end in "ed."
"intersexed"	intersex	Only adjectives that are derived from nouns and/or verbs (unlike intersex) end in "ed."
"transgendered" (verb)	transition	Only verbs can have "ed" added onto the end of the word to become a participle. Transgender is an adjective, not a verb. One does not "transgender," they transition.
"a transgender," "transgenders"	a transgender person, transgender people	Transgender is not a noun. "Jake is a transgender" is not only grammatically incorrect, but can be offensive.
"sex change," "sex reassignment surgery," "gender reassignment surgery"	gender affirming surgery, genital reconstruction surgery, genital reassignment surgery	Surgery does not change one's sex or gender, only genitalia.

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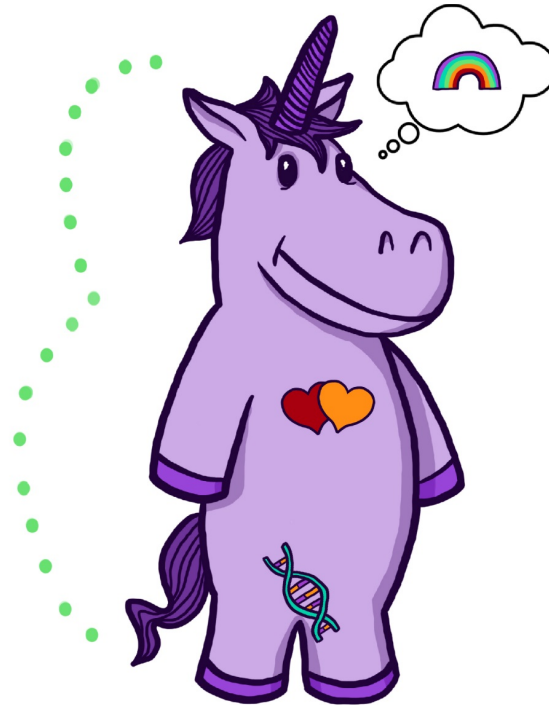
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For more information,

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The Gender Unicorn

Graphic by:
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 Gender Identity

Female/Woman/Girl
Male/Man/Boy
Other Gender(s)

 Gender Expression

Feminine
Masculine
Other

 Sex Assigned at Birth

Female Male Other/Intersex

 Physically Attracted to

Women
Men
Other Gender(s)

 Emotionally Attracted to

Women
Men
Other Gender(s)

To learn more, go to:
www.transstudent.org/gender

Design by Landyn Pan and Anna Moore

GENDER 101

IDENTITY VS EXPRESSION

Can you tell gender identity by looking at someone?



TRANSITION

- What is a transition? The process one goes through to feel complete and whole in their gender identity. This can be physical, emotional, and social.
- Not every person transitions the same way, and some may do more than others. It is all about feeling comfortable with their body.
- Most transgender people get a legal name change.
- Although it varies from state to state, Genital Reassignment Surgery is usually required in order to have the sex changed on official documents.

SOME GENDER NEUTRAL PRONOUNS YOU MAY SEE

	NOMINATIVE (SUBJECT)	OBJECTIVE (OBJECT)	POSSESSIVE DETERMINER	POSSESSIVE PRONOUN	REFLEXIVE
TRADITIONAL PRONOUNS					
He	He laughed	I called him	His eyes gleam	That is his	He likes himself
She	She laughed	I called her	Her eyes gleam	That is hers	She likes herself
It	It laughed	I called it	Its eyes gleam	That is its	It likes itself
They	They laughed	I called them	Their eyes gleam	That is theirs	They like themselves
INVENTED PRONOUNS					
Ne	Ne laughed	I called nem	Nir eyes gleam	That is nirs	Ne likes nemself
Ve	Ve laughed	I called ver	Vis eyes gleam	That is vis	Ve likes verself
Spivak	Ey laughed	I called em	Eir eyes gleam	That is eirs	Ey likes emself
Ze (or zie) and hir	Ze laughed	I called hir	Hir eyes gleam	That is hirs	Ze likes hirsself
Ze (or zie) and zir	Ze laughed	I called zir	Zir eyes gleam	That is zirs	Ze likes zirself
Xe	Xe laughed	I called xem	Xyr eyes gleam	That is xyrs	Xe likes xemself

DYSPHORIA: WHAT IS IT?

(DISCLAIMER!)* **

- Gender Dysphoria

- Dysphoria from assigned gender, how you're treated
- The feeling that you are not the gender you were assigned at birth
- Associated: Anxiety, depression, suicidal thoughts and attempts, self-harm, alcohol and substance abuse

- Body Dysphoria

- Dysphoria from body parts or lack thereof
- Not all trans people have dysphoria!!!
- Associated: Anxiety, depression, suicidal thoughts and attempts, self-harm, alcohol and substance abuse

A FEW TRANS ISSUES

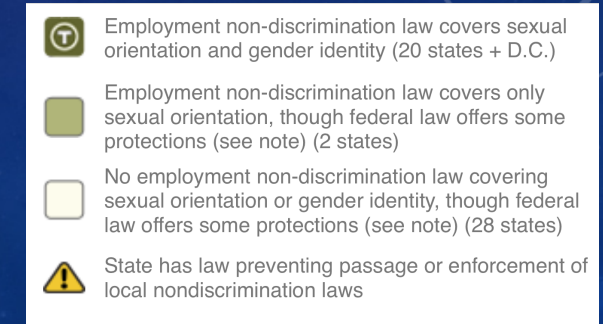
- Bathroom laws
- Hate crimes
- Lack of legal protection in jobs and housing
- Homelessness
- Drug addiction
- Suicide

MENTAL HEALTH

- Pre-transition trans women have a suicide rate of 31%. 50% of those were attempted by the age of 20. (2015)
- One-third (33%) of those who saw a health care provider had at least one negative experience related to being transgender, such as being verbally harassed or refused treatment because of their gender identity. Additionally, nearly one-quarter (23%) of respondents reported that they did not seek the health care they needed in the year prior to completing the survey due to fear of being mistreated as a transgender person, and 33% did not go to a health care provider when needed because they could not afford it
- The prevalence of suicide attempts among all trans people is 41 percent, which vastly exceeds the 4.6 percent of the overall U.S. population who report a lifetime suicide attempt, and is also higher than the 10-20 percent of lesbian, gay and bisexual adults who report ever attempting suicide. (2015)
- 23% of people surveyed thought that transgender children should not be allowed to attend public schools. (2002)

ECONOMIC HARDSHIPS

- Nearly one-third (29%) of respondents were living in poverty, compared to 14% in the U.S. population.
- 90% of transgender people experience discrimination at work, and ~~are unemployed at double the rate of the general population.~~ (2011) The transgender community has a 15% unemployment rate—three times higher than the unemployment rate in the U.S. population at the time of the survey (5%). (2015)
- 47% of transgender people believe they have been denied a promotion, had been fired or denied a job due to their gender expression/identity. Over half have been turned away or harassed when trying to access public services.
- Trans people are far less likely to own a home, with only 16% of respondents reporting homeownership, compared to 63% of the U.S. population. Nearly one-third (30%) of respondents have experienced homelessness at some point in their lifetime, and 12% reported experiencing homelessness in the year prior to completing the survey **because they were transgender.**

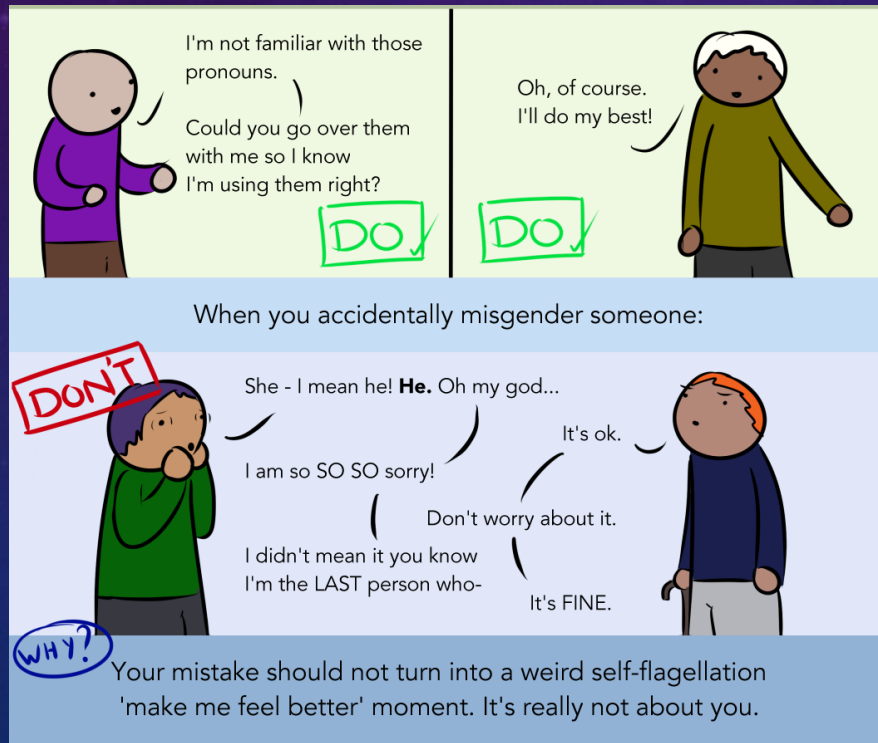


MISTREATMENT AND VIOLENCE

- One in ten (10%) of those who were out to their immediate family reported that a family member was violent towards them because they were transgender, and 8% were kicked out of the house because they were transgender.
- The majority of respondents who were out or perceived as transgender while in school (K–12) experienced some form of mistreatment, including being verbally harassed (54%), physically attacked (24%), and sexually assaulted (13%) because they were transgender. 17% experienced such severe mistreatment that they left a school as a result.
- In the past year 46% of respondents were verbally harassed, 9% were physically attacked because of being transgender. 10% of respondents were sexually assaulted, and nearly half (47%) were sexually assaulted at some point in their lifetime.

HOW TO ALLY

- Nothing about us without us!
- If you mess up, apologize and move on
- Speak on our behalf, but not over us.
- Don't "play devil's advocate" on issues that involve our identity
- Step in and educate other cisgender folks



RESOURCES FOR TRANS STUDENTS AND

ALLIES

- Trans Lifeline
 - [Trans Lifeline - 877-565-8860](http://www.translifeline.org/)
 - <http://www.translifeline.org/>
- US Transgender Report
 - <http://www.ustranssurvey.org/>
- Davey Shlasko, Think Again Training
 - www.thinkagaintraining.com
- The Human Rights Campaign
 - www.hrc.org
- Laura's Playground
 - www.lauras-playground.com
- National LGBTQ Task Force
 - www.thetaskforce.org
- Movement Advancement Project
 - <http://www.lgbtmap.org/>
- Texas TransVisible Project
 - <https://www.facebook.com/texastransvisibleproject/>
- Trans Student Educational Resources (TSER)
 - <http://www.transstudent.org/>

QUESTIONS?

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